

Food Assistance - Service Cheat Sheet

Agency	What?	Who?	When?	Contact
SNAP & Food Stamp Program	Provides supplemental assistance to purchase food May apply at the Mesa County Department of Human Services	Low income individuals	Monday – Friday: 8am – 5pm	Address: 510 29 1/2 Road Phone: 970-241-8480 Apply online: https://coloradopeak.secure.force.com/
WIC	Provides food assistance for pregnant women, breast feeding women, post partum women for 6 months, infants, and children under age 5.	Income Restrictions and have a nutrition risk factor	Monday – Friday: 8am – 5pm	Address: 510 29 1/2 Road Phone: 970-241-8480
Catholic Outreach	Offers canned and packaged food & diapers for small children Serves lunches Mon – Sat 12p-115p	Anyone	Mon – Sat: 12p – 1p	Address: 245 S 1 st St Phone: 970-243-0091
Community Foodbank	Provides nutritious food items, assembled upon request based on the size of the family. Can receive up to 9 boxes per year	Current residents of mesa county	M: 1p to 3p T: 10a to noon & 1p to 3p W: Closed Th: 1p to 3p & 5p to 7p F: 10a to noon	Address: 562 W Crete Circle, Suite 102 Phone: 970-264-0336 Email: info@foodbankgj.org
Salvation Army	A free food pantry can offer groceries or holiday meals, back to school supplies, cold weather shelter and other services	Anyone	Call for hours	Address: 1235 N 4 th St Phone: 970-242-7513
Western Slope Food Bank of the Rockies	Giving free food boxes including fresh veggies and fruits when available	Anyone	Order Window: Mon – Fri: 9:00a – 3:30p	Address: 268 North River Road Palisade, CO 81526 Phone: 970-464-1138 Phone: 877-953-3937 (toll-free)
Kids Aid	Provides for the needs of children, primary focus on supplying food to hungry kids	No income restrictions, must fill out a request form	Contact the school & ask for the backpack coordinator	Address: 2978 Gunnison Ave Phone: 970-712-2847
Commodity Supplemental	Food box is distributed monthly	For postpartum women not enrolled	Monthly	Address: 468 Morning Glory Lane Phone: 970-241-3651

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Food		in WIC, children between the age of 5 & 6 and seniors 60+		
TEFAP – The Emergency Food Assistance Program	Food box is distributed quarterly Provides free food packages on a quarterly.	Income Restrictions	Quarterly	Address: 468 Morning Glory Lane Phone: 970-241-3651
Food Share America	Food Box distributed monthly, must purchase ahead of time (can be purchased with food stamps)	No Restrictions	Monthly	Various pick up locations Phone: 800-933-7427 Website: www.sharecolorado.com
Canyon View Vineyard Church	Serves bag lunches on site at 12 th and North on Thursdays Food Box every 6 months	Must have valid ID, proof of residency, and proof of all children in house	Every Thursday & 6 months	Address: 736 24 ½ Rd Phone: 970-242-7970
Clifton Christian Church	May use food box 3 times a year	Must have a CO ID	Wednesday 9am – 3pm	Address: 615 I-70 Business Loop Phone: 970-434-7392
Clifton Assembly of God	Food box	No Restrictions	Every other Wednesday 9am – 1130am	Address: 258 5 th Street, Clifton Phone: 970-434-6907
Church on the Rock	Food box	No Restrictions	Sunday 8a-12p	Address: 2170 Broadway Phone: 970-242-7625
Lighthouse Foursquare Church	Food box	No Restrictions	Saturdays 9am - 1130am	Address: 353 2 nd Street, Clifton Phone: 970-434-1154
Agape Food Basket of the Lower Valley	Food box – may use 6 times a year	Must have ID & proof of residency from 20 rd to state line	Wednesdays 1pm – 3pm	Address: 325 E Aspen, Fruita
Nazarene Food Pantry	Food Box	No Restrictions	Every other Thursday 10am – 2pm	Address: 3595 Front St, Palisade Phone: 970-464-7770

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Seventh Day Adventist GJ	Food Box	No Restrictions	Tuesday 9am - 1145am & 1pm – 245pm Thursday 6p-7p	Address: 2554 Patterson Phone: 970-242-2277
First Assembly of God	Sack Lunch	No Restrictions	Tuesdays & Thursdays 12pm-130pm	Address: 402 Grand Junction Phone: 970-243-0731
Orchard Mesa Baptist Church	Food Box up to 6 times per year	Must have valid ID, proof of residency	Friday 9am – 1pm Bread giveaway on Wednesday 12p-2p	Address: 2748 B ½ Rd Phone: 970-242-2355
<p><i>For more and updated resources, please utilize Western Colorado 2-1-1 Dial 211 Visit: www.wc211.org</i></p>				