



Triad EAP provides support when you need it most

Whether you are facing challenging life problems or want to take your personal or professional life to the next level, Triad has the resources to help.

CONFIDENTIAL MENTAL HEALTH COUNSELING

EAP counseling is a pre-paid service provided by your employer that provides short-term, solution-based counseling intended to help you move through issues quickly. Our counselors can help you recognize and begin to address concerns including depression, anxiety, stress, substance abuse, trauma, grief, parenting or relationship issues—just to name a few.

For long-term issues, the EAP can be used as a starting point. Once you have completed your EAP sessions, your counselor may suggest continued treatment, and you will have the option of transitioning to health insurance coverage or self-pay arrangements if needed.

SELECTING A COUNSELOR

Using the login credentials below, you can access the counselor search on www.triadeap.com, which allows you to review counselor biographies and search by area of specialization or location, so you can connect with a counselor qualified to address your situation. Our counselors have a minimum of a master's degree in psychology, counseling or social work; current liability insurance; and active licensure.

CONFIDENTIALITY

Triad is bound by strict privacy standards. Triad shares only demographic and statistical data with your employer. We do not release identifying information regarding who utilized the benefit.*

LEGAL BENEFITS

Take advantage of a free, 30-minute consultation with an attorney on civil or criminal matters with discounted fees for most ongoing legal services.** Access downloadable legal forms, including a free state-specific will builder.

FINANCIAL BENEFITS

Unlimited free telephonic consultations with a Certified Credit Counselor who can help you address credit concerns, debt consolidation, budgeting and much more. Access to Perks At Work, an online shopping service offering discounts on everyday and luxury items.



CRISIS SUPPORT

In case of a mental health crisis, a licensed counselor is available 24-hours a day, seven days a week, by calling (877) 679-1100.

HOW DO I GET STARTED?

Pre-authorization for counseling, legal or financial consultations is required and can be obtained by calling (877) 679-1100 between 8 a.m. and 6 p.m. (MST) Monday through Friday.

HILLTOP

Counseling: 5 free counseling sessions per year

Credentials for accessing www.triadeap.com

- Username: HILL
- Password: top

Eligibility: No enrollment is required. Services are available to all employees as well as their spouse or significant other and dependents 26 and under.

*Confidentiality does not extend to cases of child or elder abuse; if you are a threat to yourself or others; or if you are under a court order. For more information, see Section 12-43-218 of the Colorado Regulatory Statute. **The free 30-minute legal consultation is not available for employment law concerns. In-person appointments are subject to the availability of qualified attorney within your desired location and category of law.