

Mentorship Conversation Starters

Personal:

1. What do you enjoy doing outside of work?
2. If you had to give a TED Talk on something not work-related, what would it be?
3. If you had a completely free weekend, how would you spend it?
4. What's the most interesting place you've ever visited?
5. Do you have any hidden talents or hobbies people don't usually expect?
6. What's your favorite way to recharge after a long week?
7. If you could work remotely from anywhere for a month, where would it be?
8. Where did you grow up, and how do you think that shaped your perspective?

Experience:

1. If you could give your younger self one piece of advice, what would it be?
2. What inspired you to get into this line of work?
3. What's something you wish you'd known early in your career?
4. What was your very first job, and what did you learn from it?
5. Who's had the biggest impact on your career or work ethic?
6. What drew you to this company or industry in the first place?
7. How do you define success in your role or career?
8. What part of your work excites you the most?

Goals:

1. Are there any specific skills or areas you're hoping to develop?
2. If you could do one thing this year that scares you a little, what would it be?
3. Are there any tools, platforms, or systems you want to get more confident using?
4. What's one professional habit you're trying to build or break?
5. What kind of legacy or impact do you want to leave in your field?
6. What would make this mentorship feel like a success for you?

Tips:

1. What tools or routines help you stay productive?
2. How do you stay motivated during times of change or uncertainty?
3. How do you know when it's time to ask for help or advice?
4. What are some ways you invest in your own professional growth?
5. How do you handle imposter syndrome, if you've ever felt it?
6. How do you make time for learning or self-improvement in a busy schedule?