



# TEAM TRAINING PATHS

*How to Use This Directory:*

- *Monthly Focus: Select a training path theme (e.g., communication) and reach out to [amyp@htop.org](mailto:amyp@htop.org) to schedule sessions.*
- *Team Collaboration: Discuss learnings post-session and implement strategies to reinforce the skills gained.*

*Connection. Growth. Transformation.*

## TRAINING PATH FOR BUILDING A STRONG TEAM CULTURE/TEAM BUILDING

### **Discover Your Team WHY (Rebecca Weitzel)**

- Identify your team's shared purpose and values.

### **Strength Finder Team Workshop (Ali Weatherby)**

- Learn how to leverage natural strengths to create a more cohesive and high-performing team.

### **DISC (Amy Payne)**

- Identify behavioral tendencies that influence team conflicts and solutions.

### **Leading Our Values Every Day (Ali Weatherby)**

- Reinforce the team's culture through practical value-driven exercises.

### **Showing Appreciation (People Ops)**

- Learn to recognize team members in ways that resonate with them.

### **The Line – A Path to High Performing Teams (Rebecca Weitzel)**

- Master practical strategies to foster accountability, collaboration, and a culture of growth inspired by the 15 Commitments of Conscious Leadership

## TRAINING PATH FOR LEADERSHIP DEVELOPMENT

### **The Line – A Path to High Performing Teams (Rebecca Weitzel)**

- Master practical strategies to foster accountability, collaboration, and a culture of growth inspired by the 15 Commitments of Conscious Leadership

### **Authentic Leadership (Ali Weatherby)**

- Embrace authenticity to inspire trust and engagement within your team.

### **Creating a Culture of Accountability (Rebecca Weitzel)**

- Foster a team environment of trust, responsibility, and alignment.

### **Unlocking Employee Wellbeing: You Hold the Key (PeopleOps)**

- Learn how to support employee wellbeing effectively as a leader.

### **DISC 2.0 - Leading Through DISC Styles (Amy Payne)**

- Coming Soon- Leading through DISC Styles

## TRAINING PATH FOR EQUITY, DIVERSITY, AND INCLUSIVITY

### **EDI Discussions**

- Engage your team in meaningful discussions about equity, diversity, and inclusion.

### **Generational Differences**

- Navigate diverse perspectives and values to promote inclusivity.

### **Implicit Bias**

- Explore implicit bias, its impact on behavior, and how to minimize its influence in your life

### **Polarities (Hollie VanRoosendaal)**

- Transform your perspective and teamwork with Polarity Thinking: Balancing Opposing Ideas for Stronger Teams



# TEAM TRAINING PATHS

*How to Use This Directory:*

- *Monthly Focus: Select a training path theme (e.g., communication) and schedule sessions for the team to participate in over a quarter.*
- *Team Collaboration: Discuss learnings post-session and implement strategies to reinforce the skills gained.*

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## TRAINING PATH FOR COMMUNICATION

### **Difficult Conversations (Monica Garcia)**

- Learn strategies to navigate challenging discussions with confidence and care.

### **DISC Workplace Behavioral Styles (Amy Payne)**

- Understand behavioral tendencies and their impact on communication.

### **Generational Differences (PeopleOps)**

- Explore strategies for effective communication across diverse age groups.

### **Conflict Resolution (Monica Garcia)**

- Master techniques to address and resolve conflicts productively.

### **Impactful Communication (Monica Garcia)**

- Master impactful communication with practical steps to build trust, empathy, and credibility.

## TRAINING PATH FOR CONFLICT RESOLUTION

### **DISC 2.0 - Conflict and Communication Through DISC Styles (Amy Payne)**

- Coming Soon - Identify behavioral tendencies that influence team conflicts and solutions.

### **The Five Things (Jed)**

- Build trust and safety to minimize misunderstandings and friction.

### **Conflict Resolution (Monica Garcia)**

- Master techniques to address and resolve conflicts effectively.

### **Radical Candor (Timindra Boyer)**

- Learn how to approach hard topics with professionalism and care.

### **Generational Differences (PeopleOps)**

- Understand diverse perspectives to prevent and resolve conflicts.

### **Polarities (Hollie VanRoosendaal)**

- Transform your perspective and teamwork with Polarity Thinking: Balancing Opposing Ideas for Stronger Teams.

### **The Line – A Path to High Performing Teams (Rebecca Weitzel)**

- Master practical strategies to foster accountability, collaboration, and a culture of growth inspired by the 15 Commitments of Conscious Leadership