

Workplace Wellness



PROGRAM

Crossroads Fitness & Hilltop

understand the importance of work/life balance. Your health is a key component to help you thrive personally AND professionally! That's why we've created our Workplace Wellness Partnership at

... **No Cost to Your Business** ...



What we offer:

- All-Access Discounted Membership for Workplace Program Partners
- Incentive Based = Lower Dues the more you work out! Dues as low as \$34!
- One FREE on-site Wellness Presentation
- 2 Convenient locations
- Full-service health club with 350+ monthly group exercise classes, spacious weight and cardio rooms. Child Care and pool with family swim. Hot tub, sauna, steam room at the North Location.
- Fitness Tips via social media and text messaging. Monthly Newsletter
- Nutritional Programs

WORKPLACE WELLNESS PROGRAM

Bring in this coupon for a **FREE WEEK!**

Visit Crossroadsfitness.com for more information.



Name _____ Phone _____

Email _____ Employer _____

DOWNTOWN: 225 N. 5th St., #18 (Alpine Bank Bldg) 241-7800 / NORTH: 2768 Compass Drive (Off Horizon Drive) 242-8746